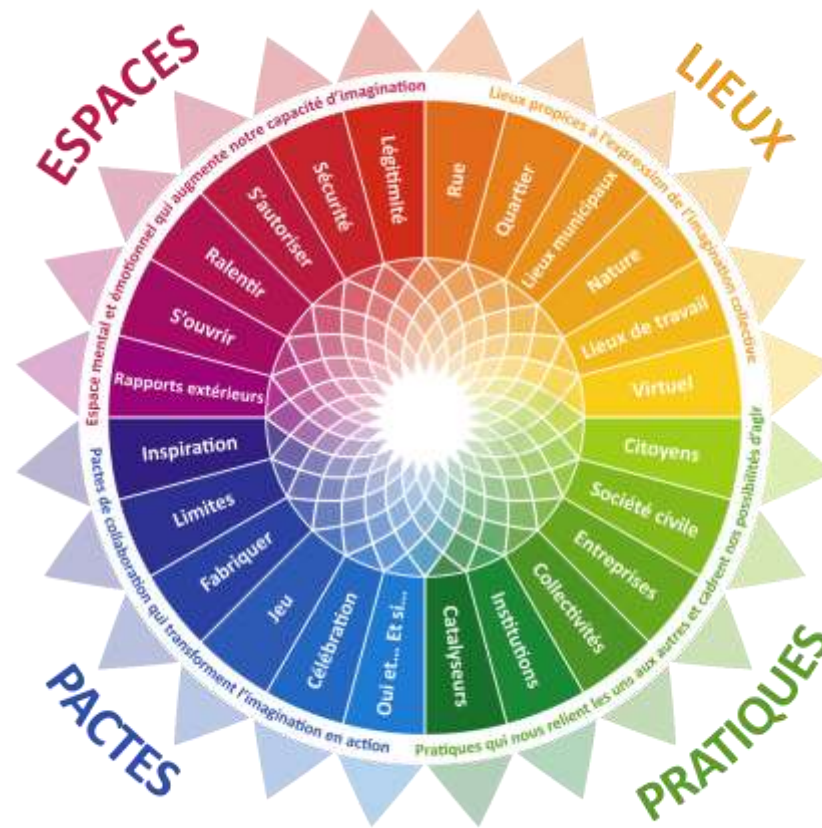


# What if the next 10 years felt like a revolution of the imagination?

## IFOAM

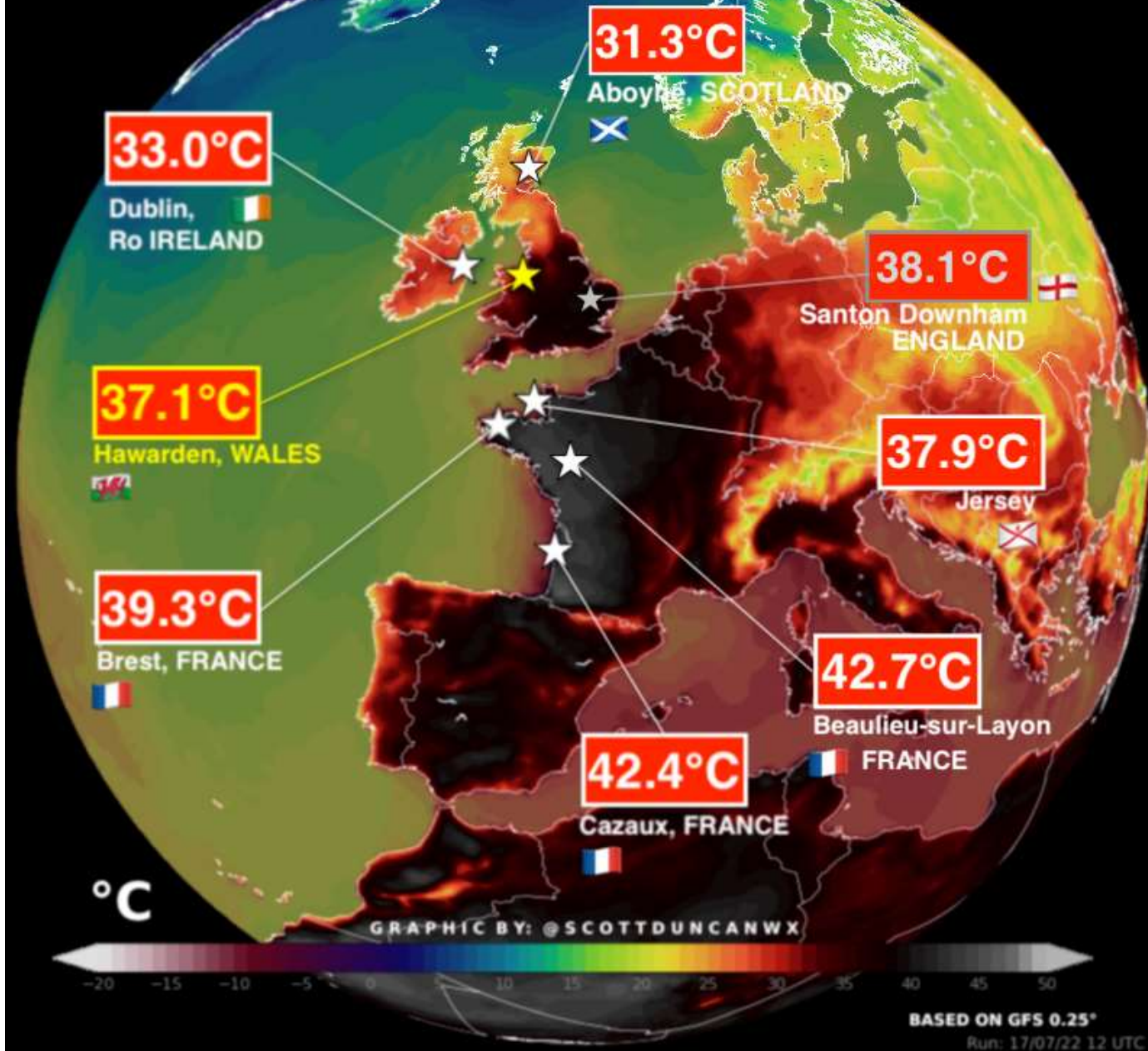
Rob Hopkins @robintransition



*“Everything great that ever happened in this world happened first in someone’s imagination.”*

*Astrid Lindgren*

# 18 JULY TEMPERATURE





**THE Sun**

Monday, July 13, 2022 THE PEOPLE'S PAPER 80p thesun.co.uk

**WHEN MEG MET HARRY'S PALS**



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## IT'S SUPER SCORCHIO!



**UK will be one of world's warmest spots**

**41°**

**Beaches full as offices & schools shut**

**HOTTER THAN THE SAHARA**

**...AND INDIA..AND PAKISTAN..AND ALGERIA..AND ETHIOPIA..**

By PHIL SIMS

BRITAIN will be one of the hottest places on Earth as the nation's searing heatwave ends. Today's 30C (86F) sea-surface will be followed by a sweltering 41C (106F) tomorrow, with the sun expected to grind to a halt. Beaches which were packed yesterday are likely to be braving again with offices and schools shut. The temperatures will top that in hotspots such as India, Pakistan, Algeria, Ethiopia and even the Sahara. Full story - Pages 4 and 8





## Bozo's £1million book deal

PAGE 10



## TEXT ABUSE

PAGE 11



## Christine ring girl

PAGE 11

# IT'S SIESTA BRITAIN



# 40C WINKS

Nation urged: take afternoon naps to beat intense heat

UK world's hottest place after Sahara and Middle East

999 getting 'extra staff' to help cope with health crisis



# Rebels target Open Champion Smith

## Australian ends McIlroy's dream to lift Claret Jug but is set to join Saudi league Sport



# The Daily Telegraph

BRITAIN'S BEST QUALITY NEWSPAPER

**INSIDE**  
**Brain trained**  
How to keep your mind sharp in old age



**Mission impossible**  
Super-surgeons give cancer patients hope



**Dead funny**  
What really killed Jane Austen



# Heatwave meltdown brings UK to a halt

### Trains cancelled and public urged to stay at home as temperatures build to record level

*By Victoria Ward and Lizzie Roberts*  
BRITAIN will grind to a standstill today as trains across the country are cancelled and the public is told to consider staying at home in the heatwave. Blanket speed restrictions will be imposed on all railway lines, with both train operators and Highways England warning people not to travel. The Met Office said that "in general" it would be safer to stay indoors if possible. Some GP surgeries and operating theatres have already closed as hospital bosses warned the extreme weather made it hard to keep services running. Job centres in areas with a red severe weather warning will also be shut. Schools in several counties, including Nottinghamshire and Hampshire, confirmed they will close for two days, following the health warnings. Others have reduced school hours amid Met Office warnings that temperatures will soar to highs of 38C and 40C (100F) in some areas. The UK's first red extreme heat warning covers a large area of England from London to Manchester and York for both today and tomorrow and the UK Health Security Agency issued a heat health warning at level four, which is described as a "national emergency". But Dominic Raab, the Deputy Prime Minister, said the country should be resilient enough to withstand the pressures the heat brought and urged people to "enjoy the sunshine" as long as they take "common sense" precautions. Tracy Nicholls, chief executive of the College of Paramedics, warned that the "ferocious heat" could kill people. David Davis, the senior Tory backbencher, said: "Obviously, if you're at risk if you're a young child or elderly, or you have some other condition, [use] hats and sunscreen and use the shade. "But people exist in Mediterranean climates and handle it. So, if we use common sense we can do the same." Another senior Tory MP said he thought the public health messaging was "grossly inflated and scaremongering of the worst kind". Network Rail said speed limits would

## 60pc

The likelihood that temperatures will hit 40C today, with evidence suggesting the mercury might reach 41C tomorrow.

Meanwhile, crumbling NHS hospitals and outdated GP premises will be put to the test.

Hospital bosses said a lack of investment has caused parts of the health service to cancel appointments or move patients to better-equipped facilities. Miriam Boskin, director of policy and strategy at NHS Providers, said: "A lot of the NHS estate is run down and scarcely equipped to deal with business as usual, never mind heatwave conditions."

"The conditions are also making it hard to keep key services running. For example, we're hearing that some operating theatres are having to be stood down because they're getting too hot."

"Another sensitive area is IT server rooms in buildings where the air conditioning is already overstretched. Lord Victor Adebowale, chairman of the NHS Confederation, said hospitals

be imposed on every line in the country, doubling journey times in many areas. The restrictions mean most trains will be forced to travel at between 60mph to 90mph, compared to normal speeds of 100mph to 125mph. A journey that would usually take two hours from King's Cross will today take more than four, a spokesman said. In certain areas more susceptible to the heat, trains will be forced to a 20mph crawl. Train companies urged Britons not to travel, with 21 of the UK's 28 major operators, ranging from Transport for Wales and Gatwick Express to the TransPennine Express and Southern, confirming they would be running a slower service. London's rail and Tube network will run a reduced service and the east coast London to York and Leeds mainline will be closed tomorrow as it is considered more susceptible to high temperatures.



Lifeguard Madeleine Wells, 20, cools off at the Lymington Sea Water Swimming Baths, Hants, yesterday. The temperature could reach 40C in parts of the country today.

and GP surgeries were buying portable air conditioning units and fans for "unsuitable premises" and that GPs and hospitals could charge appointments. Knebworth Surgery, Hertfordshire, has already closed a GP site in Stowenage because it has no air conditioning. Patients will be moved to another building in a neighbouring village and offered to rebook their appointment if they do not wish to travel in the heat. The surgery will also conduct home visits for some patients where possible. Dr Charles Levinson, of Doctorcall, which provides private visiting doctor service, said its services were "busier than ever as more patients are reluctant to leave their homes in the heat." *The*

**INSIDE**  
**Reports**  
Pages 4-5  
**Editorial**  
**Comment**  
Page 17

*Daily Telegraph* has also seen reports of patients being offered telephone appointments instead of face-to-face due to the hot weather. The Met Office said the delays to road, rail and air travel combined with its red "danger to life" weather warning meant that for many, staying indoors would be advised. Rachel Avers, senior operational meteorologist, said the "main message" was to "only really travel if you need to and consider your actions over the next few days". The likelihood that temperatures will hit 40C has risen from 50 to 60 per cent, with evidence suggesting the mercury might reach 40-41C tomorrow.





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# MORDAUNT FLOUTED No10 BAN TO MEET BOYCOTTED GROUP

## She's condemned for 'dodgy judgment' ahead of MPs' vote today - after Tory rivals clash in feisty TV debate

By **Claire Ellicott**  
Political Correspondent

**PENNY Mordaunt** last night faced fresh questions over her judgment for meeting a controversial Muslim group - despite it being subject to a government boycott.

The Tory leadership hopeful was a minister when she met the leader of the Muslim Council of Britain (MCB).

In 2019, the Government introduced a policy of 'not engaging' with the group after comments by its deputy secretary-general which were interpreted as condoning attacks on British troops.

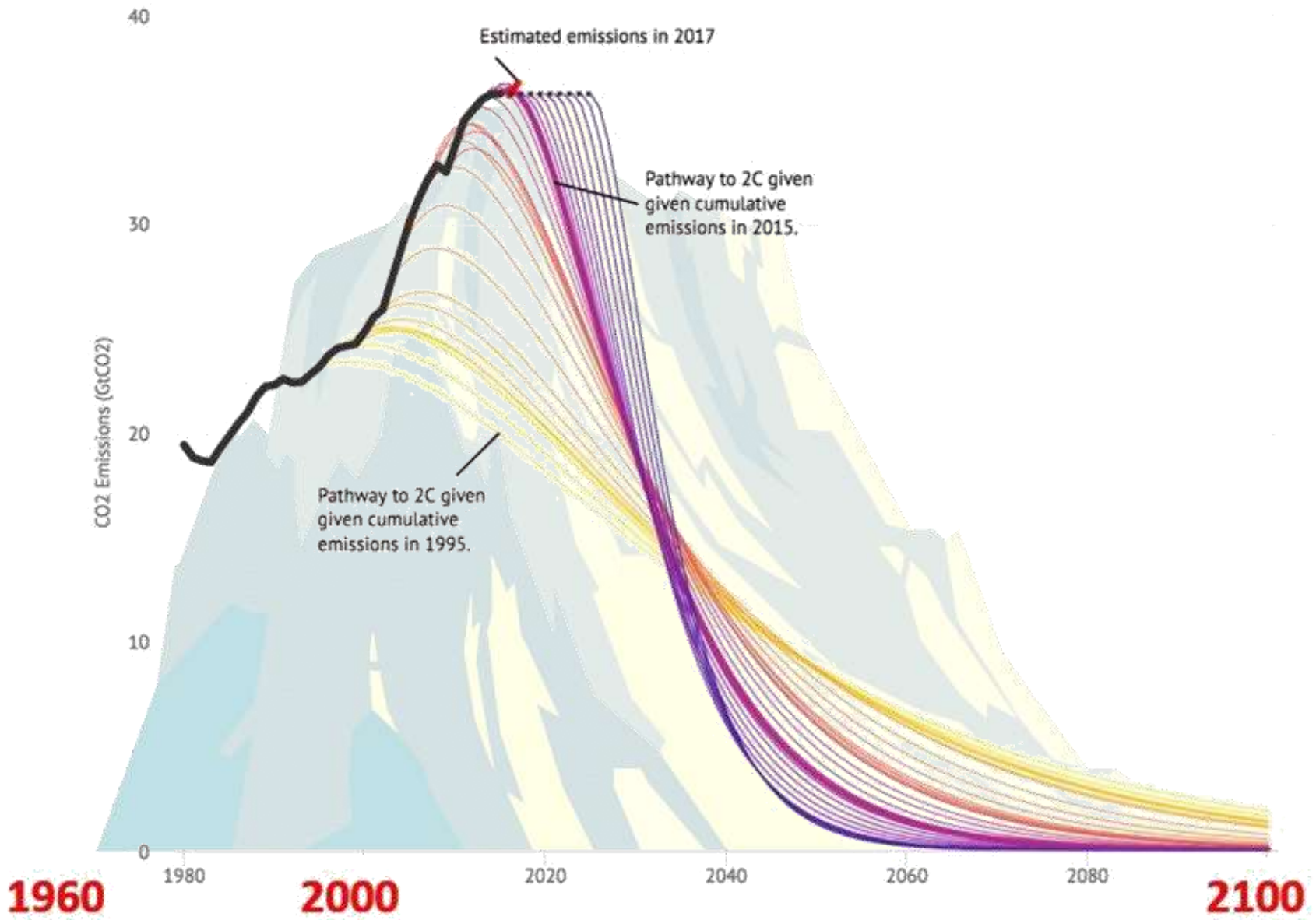
Miss Mordaunt tweeted in February last year that it was 'great' to have met the MCB's first female secretary-general, Zura Mohammed, and said she was 'looking forward to working with her'.

The encounter infuriated ministers, and No 10 is understood to have asked her to take the post down, but the tweet was still live yesterday.

Miss Mordaunt's decision to sit down with the MCB in defiance of the Government's boycott was last night described



Las Vegas wedding?  
Ben Affleck and  
Jennifer Lopez



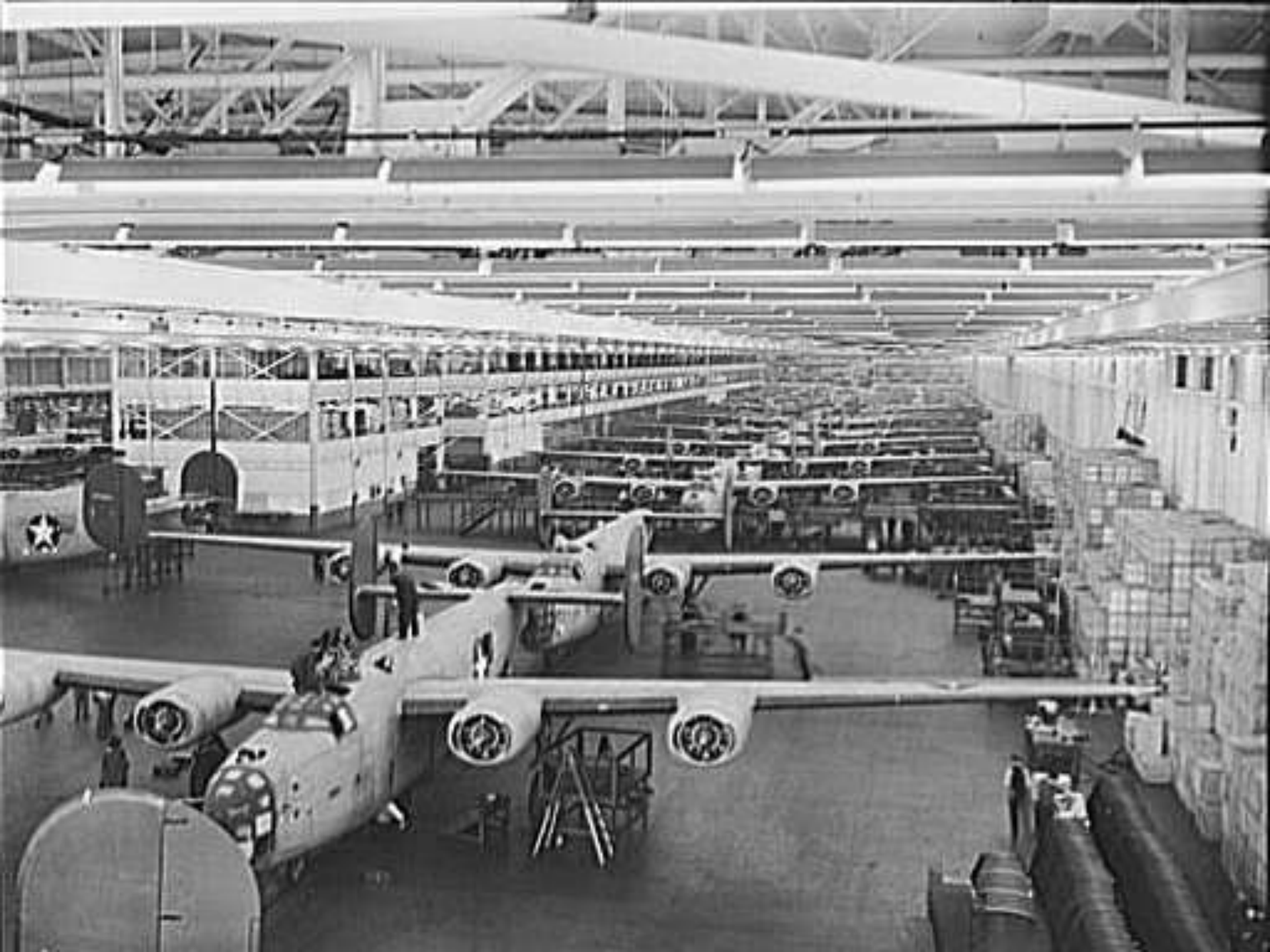
Any useful statement  
about the future  
should at first seem  
ridiculous.

JIM DATOR



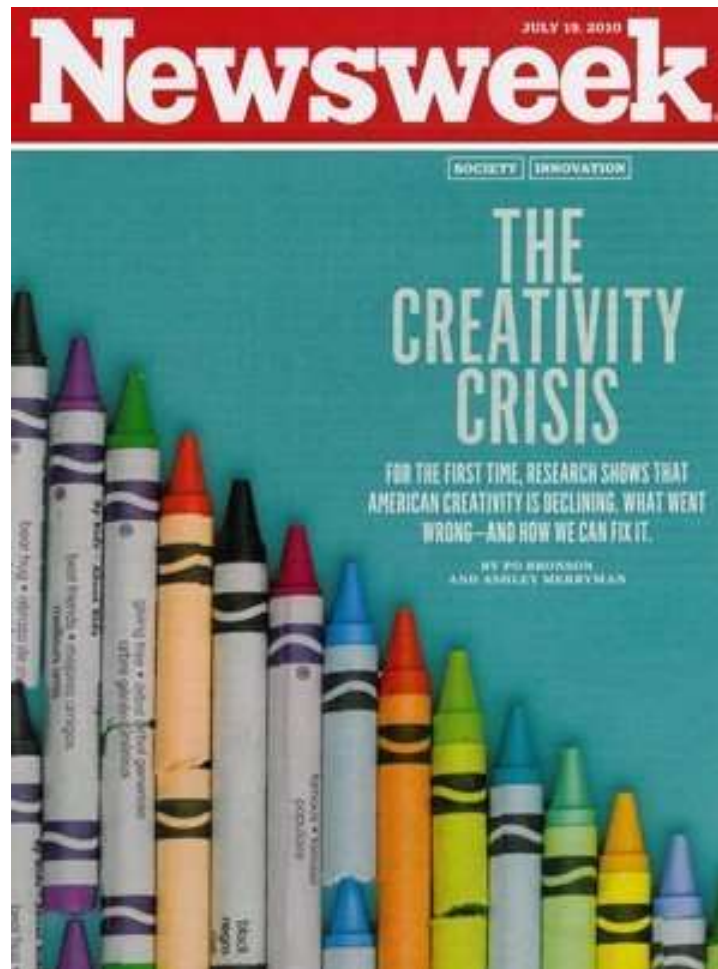


MAXIMUM  
SPEED  
25










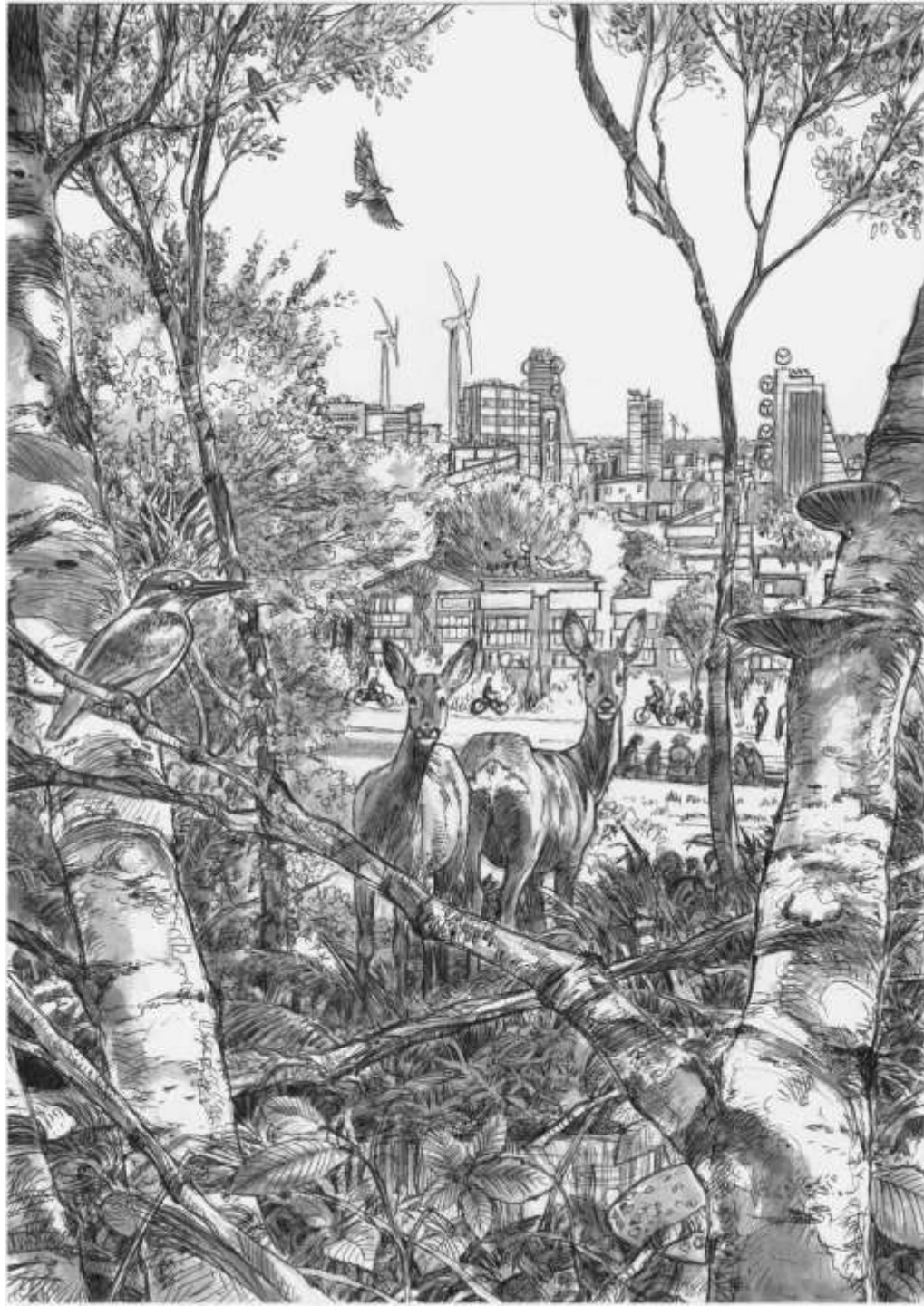
“We live in a system that has been locked into a false sense of inevitability”.

Mariame Kaba.





REALLY?  
IT WASN'T THAT HARD.





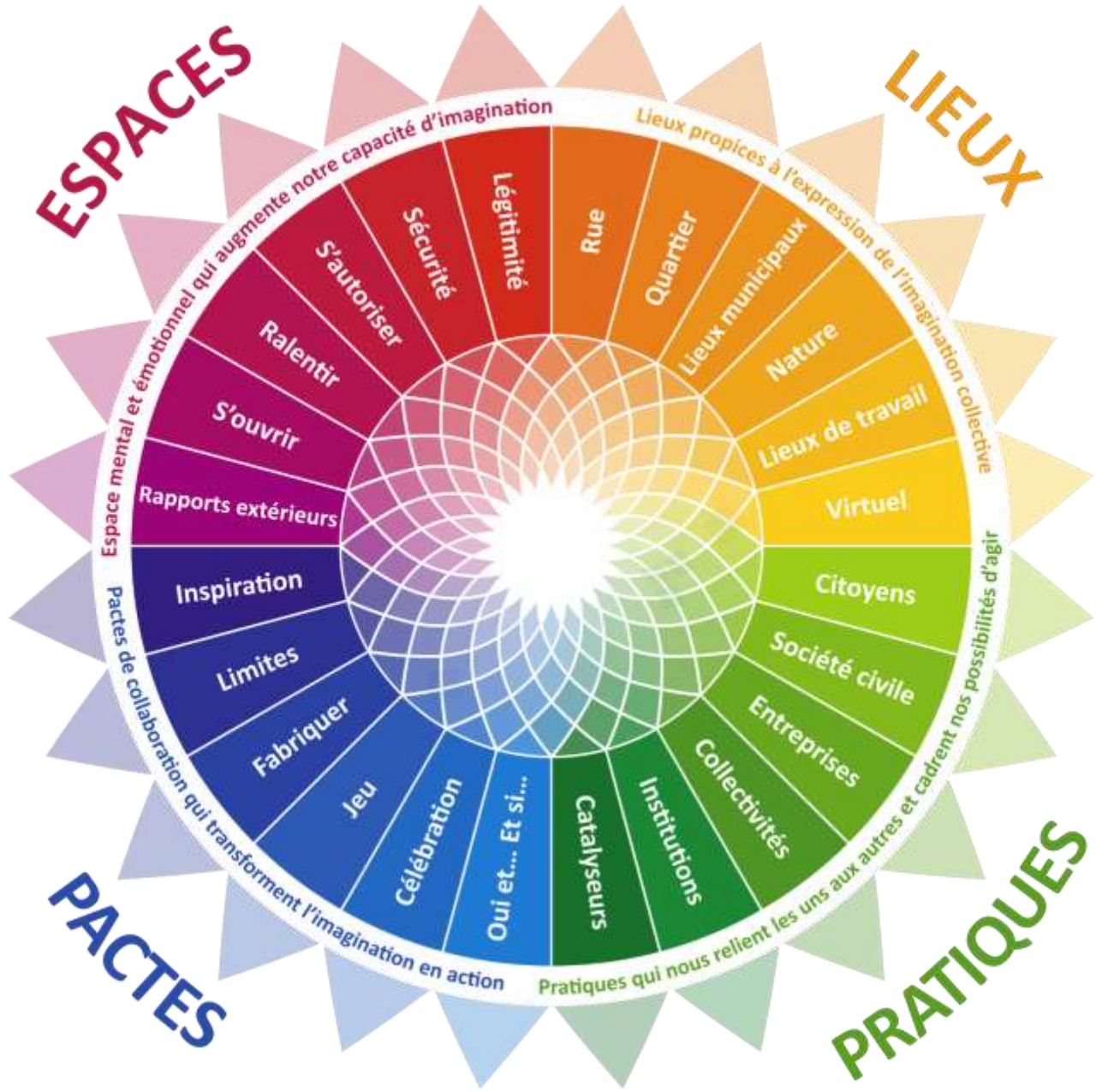














SPACE





ROCKET A BIT WOBBLY

# Zambia Warns Russia, U.S. We'll Beat You to Moon

by DENNIS LEE ROYLE

LUSAKA, Zambia (AP) —  
ward Mukuka Nkoloso has  
signated himself Zambia's  
nister of space research,  
d says the United States

space. I also make them  
swing from the end of a long  
rope. When they reach the  
highest point I cut the rope  
— this produces the feeling  
of free-fall."

a project of this magnitude,"  
he said. "Some of our ideas  
are way ahead of the Ameri-  
cans and Russians and these  
days I will not let anyone  
see my rocket plans."



# We're going to Mars!

WITH A SPACEGIRL, TWO  
CATS AND A MISSIONARY

By EDWARD MAKUKA NKOLOSO

Director of his own "Academy of Sciences and Space  
Technology"

I SEE the Zambia of the future as a space-age Zambia, more advanced than Russia or America. In fact, in my Academy of Sciences our thinking is already six or seven years ahead of both powers.

It is unlucky for Lusaka that I did not have the chance to run for mayor. If I had been elected, the capital city of

trained) and a missionary will be launched in our first rocket.

But I have warned the missionary he must not force Christianity on the people in Mars if they do not want it.

One other difficulty has been holding us up. UNESCO has not replied to our request for

11/20/1965  
2005  
New on 24 March 1965  
Koisima  
Chris  
Mwansa  
Chowwa

















# PLACE

Credit: John Bussey





Forbes  
Mars

La Provence  
L'Asie

Mac'Do: 'Ste  
c'est le





# TARDON



Ouvert









# CONSTRUCTION D'UN RESTAURANT SOLAIRE BIOCLIMATIQUE ET AMÉNAGEMENT D'UN JARDIN NOURRICIER

RUE LOUIS NEEL - MARSEILLE 13<sup>ME</sup> ARDT



Insertion du projet dans le site - vue de la façade Sud

## LES JARDINS D'ÉDÈS

Projet de réhabilitation de l'existant

Surface construite : 1000 m<sup>2</sup>  
 Surface de jardin : 1000 m<sup>2</sup>  
 Surface de site : 2000 m<sup>2</sup>  
 Surface de parking : 200 m<sup>2</sup>  
 Surface de stationnement : 1000 m<sup>2</sup>



Plan de situation paysager



coupe d'urgence



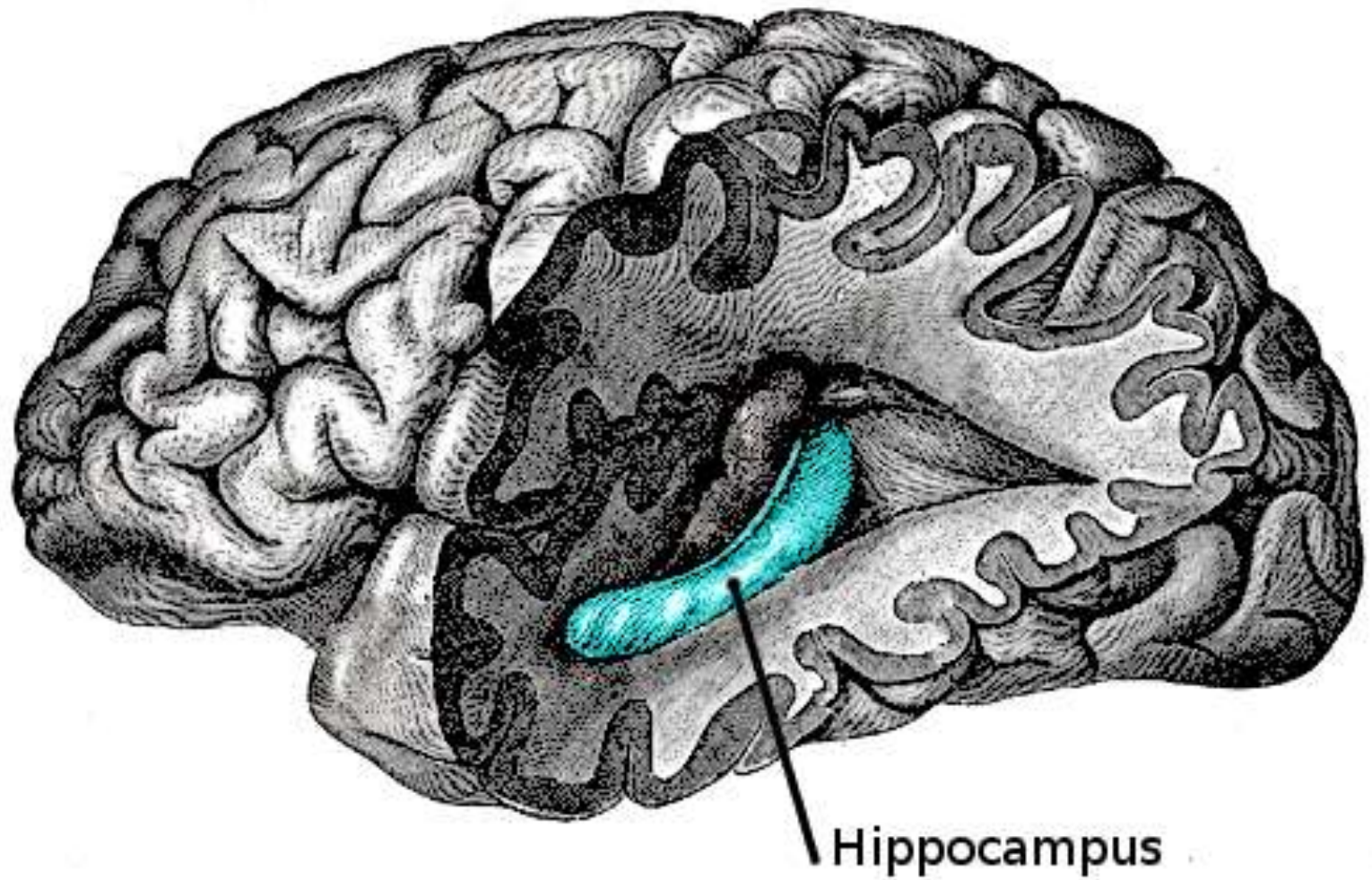
Vue de la terrasse Sud



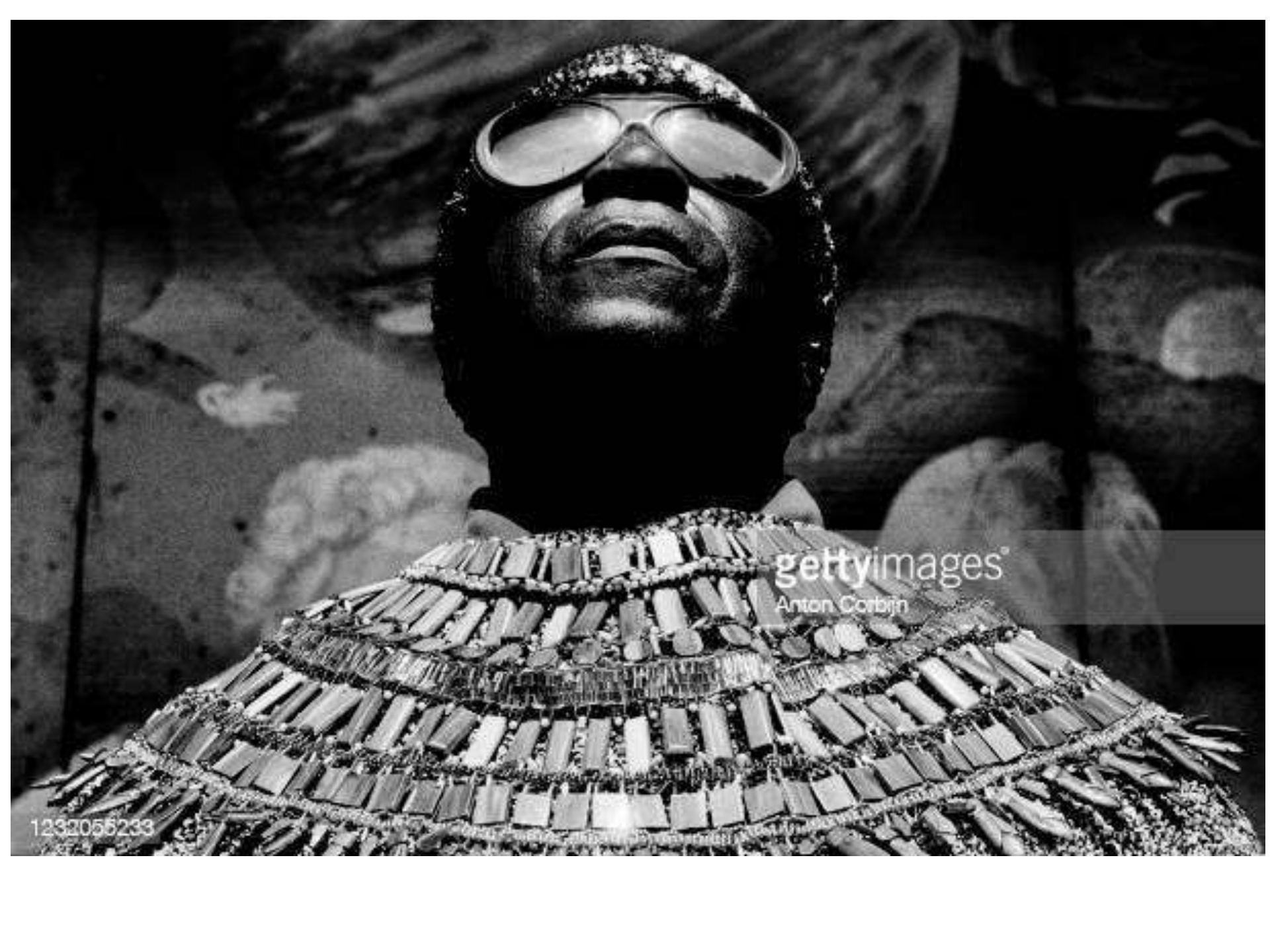
Vue de la salle de restauration







PRACTICES



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Anton Corbin

1232055233



SPACE

IS  
THE

PLACE

SUN



RA





free

I'VE BEEN  
TO THE  
FUTURE  
WE WON.

COP  
WATCH











# GROWING COMMUNITIES' FOOD ZONES: A VISION FOR A BETTER FOOD AND FARMING SYSTEM

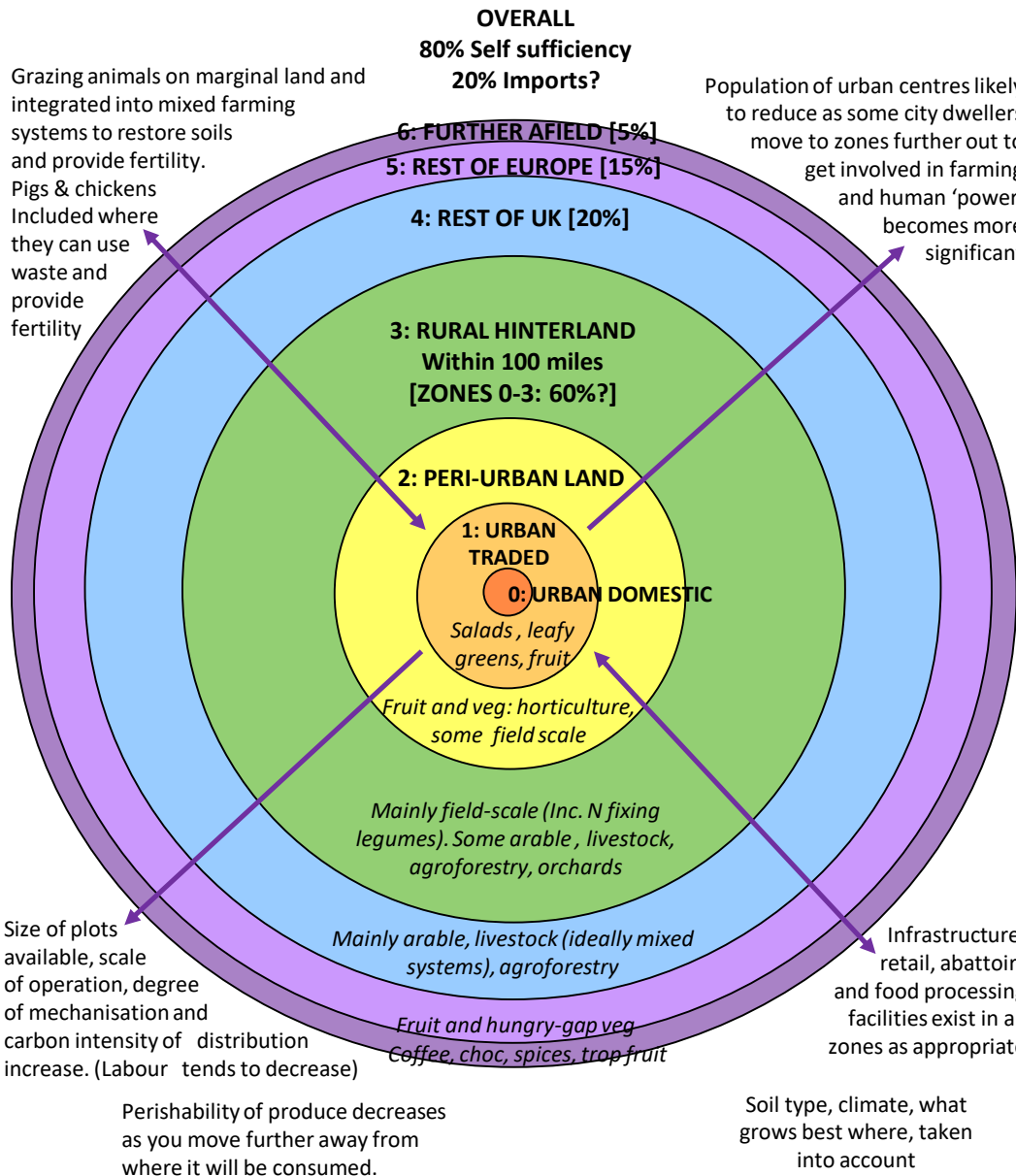
How might we reduce the amount of energy, fuel and resources it takes to feed us, while creating jobs and community in urban and rural areas and producing delicious food that is good for us and the planet? The Food Zones looks at how much of which foods we could be sourcing from different zones, starting with the urban areas in which most of us live and applying a kind of 'food subsidiarity' - raising what it is best to raise as close as we can and then moving outwards taking into account the factors shown. On the right: the kind of farms, diet and trading systems we need and on the left the principles and worldviews that underpin it.

## PRINCIPLES

- Be mission driven - trading for social purpose, not to maximise profit
- Commit to transparency and cooperation throughout the food supply chain
- Trade fairly
- Champion ecological farming and food production
- Source food sustainably, using the food zones as a framework
- Promote a diet that is good for people and planet
- Operate in a low-carbon way
- Build a strong community in support of this work
- Strive to change the bigger picture

## WORLDVIEWS

- Diversity** of solutions operating across multiple scales: balance achieved overall
- Decentralisation** with control and responsibility reclaimed and trading with principles valued over profit
- Productivity** fairly defined, focusing on a whole system view: underpinned by paying farmers a fair price to produce food sustainably
- Limits** acknowledged and standards welcomed: viewed as an invitation to creativity and innovation, not a constraint



## SUSTAINABLE DIETS (DEMAND)

- Reflect the seasons and which foods can best be produced where
- Fresh & minimally processed
- Mainly plant based
- Minimise waste
- Aligned with what it is possible to produce sustainably while providing everyone with 'enough'

## TRADE & DISTRIBUTION

**Farmer-focused Routes to Market** pay farmers the price they need to produce food sustainably and fairly. **Retailers and distributors (BFTs)** prioritise local and short supply chains while working outwards to encompass the global – enabling urban growers, rural farmers, larger operations, wholesalers and imports to co-exist. **Farms** are connected to urban communities, enabling supply chains to be shortened and communities to source increasing amounts from closer to where they live. **People** are reconnected with farming and the seasons, value food and farmers and are appreciate involved in the production, trading and celebration of food.

## ECOLOGICAL FARMS (SUPPLY)

- Low input: organic or near as
- Predominantly small to medium scale: appropriate & human scale
- Mixed, diverse and integrated
- Use human skills and labour, backed up by appropriate technology and grounded in sound science











 1000 Bxl en  
Transition



# Crystal Palace



working together for our sustainable future

MARRIAGE'S  
THE MASTER MILLERS

CHAS



# PATCHWORK FARM



- 🌟 apples
- 🌟 aloe vera
- 🌟 apple chutney
- 🌟 bramley apples
- 🌟 cabbage
- 🌟 courgette seedlings
- 🌟 herbs and salad
- 🌟 sweetcorn seedlings
- 🌟 quinces
- 🌟 wild garlic

**SEASONAL  
LOCAL PRODUCE  
FROM SE19 &  
VERY NEARBY**



- |  |   |                                    |                      |                      |
|--|---|------------------------------------|----------------------|----------------------|
| 1 The Permaculture garden                              | 9 Karolina's garden   | 16 St John the Evangelist          | 25 Sarah's garden    | 34 Paula's garden    |
| 2 Rachel's windowboxes                                 | 10 Grape & Grain tipsy garden                                 | 17 James Dixon Primary School      | 26 Vanessa's garden  | 35 Eve's garden      |
| 3 Rockmount Primary School                             | 11 Kalina's garden  | 18 Laura's front garden            | 27 Tim's garden      | 36 Sue's garden      |
| 4 Crystal Palace food market 🥕                         | 12 Crystal Palace Park Museum                                 | 19 Mehul's garden                  | 28 Malcolm's garden  | 37 Norwood Park      |
| 5 Anne's front garden                                  | 13 Karen's garden   | 20 Clare's window box              | 29 Imran's garden    | 38 The Little Escape |
| 6 Laura's garden                                       | 14 Maberley Road allotments:<br>Khorin<br>Adrian<br>Bob Brown | 21 Jeann's allotment patch         | 30 Lorraine's garden | 39 Antenna Cafe      |
| 7 Spa Hill allotments:<br>Ambrose<br>The Conrad Family | 15 Mark's garden  | 22 Winsford Gardens                | 31 Lyn's garden      | 40 Vanessa's garden  |
| 8 Edible garden  |   | 23 Sydenham Garden Resource Centre | 32 Maureen's garden  | 41 Fiona's garden    |
|  |   | 24 Sylvia's buck garden            | 33 Renne's garden    | 42 Caroline's garden |



Totnes & District  
**Local Economic Blueprint**



Herefordshire Economic Evaluation  
**Opportunities to grow our local economy**

*TEconomy: establishing the potential of a transition enterprise economy*



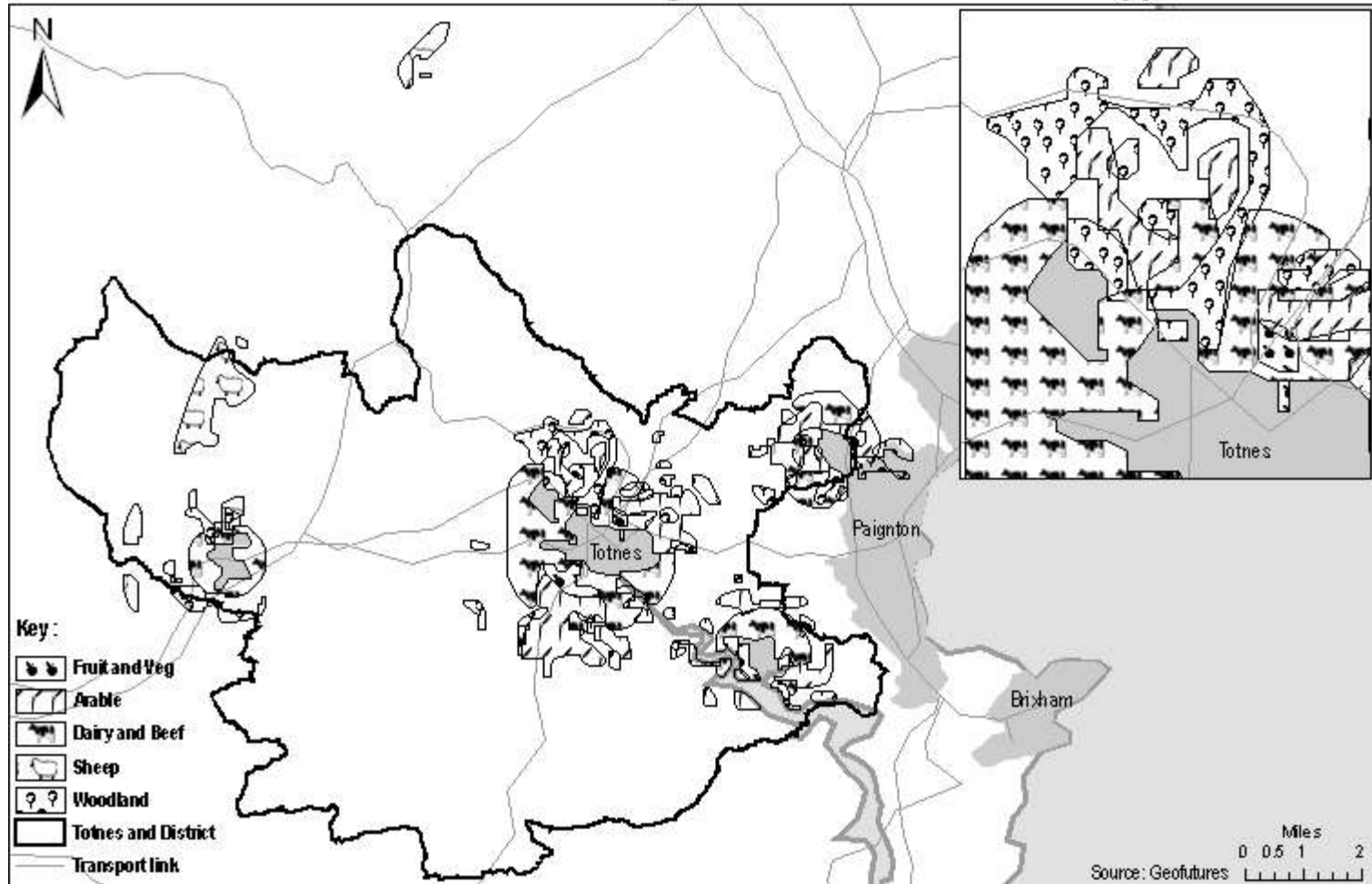
**reconomy** is reimagining  
is redefining  
is re-creating  
the local economy.  
**REconomy Project**

Refinding Ladbroke's Local Economy  
**Opportunities to grow our local economy**



**TRANSITION TOWN  
Brixton**  
**REconomy Project**

## Totnes and District - Breaking the foodshed down into types



Can Totnes Feed Itself?





WINNER



HODMEDODS















Ceinture

aliment-terre

liégeoise

48



# Les petits producteurs

un magasin de produits alimentaires locaux et/ou bio pour tous !







**Les petits  
producteurs**



**CREaFARM**  
@LIÈGE





BRACOLI  
20L 17-0018

BADJAWE  
BLIND  
20L

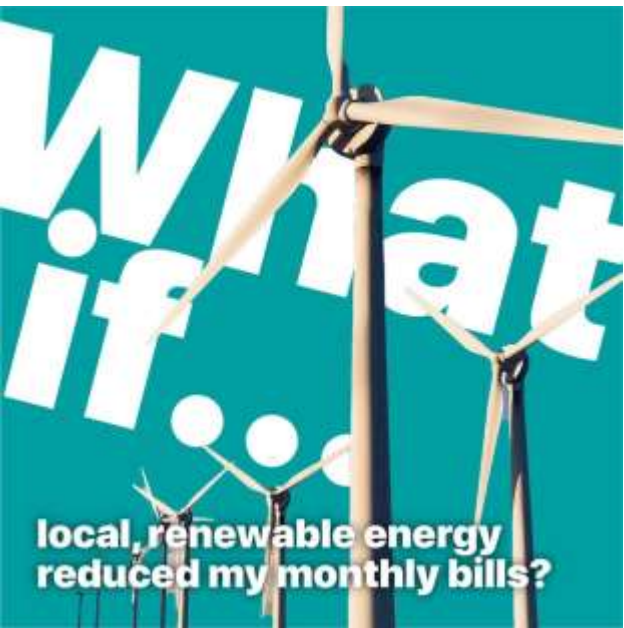
BADJAWE  
BLIND  
20L

BADJAWE  
BLIND  
20L

BRACOLI  
20L 17-0000

274









**car parks became  
play parks?**



**children learnt life skills  
rather than exam skills?**



**our food was clearly  
labelled with 'food miles'?**



**bird song drowned out  
the sound of the traffic...**



**What if Bude became  
the UK's premier  
Green Holiday Resort?**



**organic, locally produced  
food was available and  
affordable for all?**





**there was a train line to Bude again?**



**young and old came together to learn from each other?**



**lockdown community spirit continued post-Covid?**



**our streets were designed for people not cars?**



**cyclists were given priority on roads?**



**our verges were full of wild flowers?**





**there was a daily  
'Imagination' lesson?**







PACTS





**Start a Repair Cafe**  
*Pasadena, USA*



**Host a Local Food Summit**  
*New Forest, UK*



**Organise a 'Food Cleaning'**  
*Sarasota, USA*



**Start a local currency**  
*Grez, Belgium*



**Community wine-making**  
*Kilburn, London, UK*



**Give a public talk**  
*Cristiano Bottone, Italy*



**Mentoring for burnout**  
*Totnes, UK*



**Create a new food market**  
*Coin, Spain*



**Organise a street carnival**  
*Tooting, London, UK*



**Hold large public events**  
*Liege, Belgium*



**Run a 'Potato Day'**  
*Stroud, UK*



**Start a co-housing project**  
*Ungersheim, France*



**Share skills**  
*Totnes, UK*



**Open a community shop**  
*Slaithrowe, UK*



**Start a Hop Club**  
*Crystal Palace, London, UK*



**Start a community energy company**  
*Fujino, Japan*



**Run 'Transition Streets'**  
*Newcastle, Australia*



**Invite community investment in renewables**  
*Lewes, UK*



**Create a Surplus Food Cafe**  
*Fishguard, UK*



**Run a community Open Space**  
*Fujino, Japan*



**Help a school to grow food**  
*Newent, UK*



**Plant some fruit/nut trees**  
*Leamington, UK*

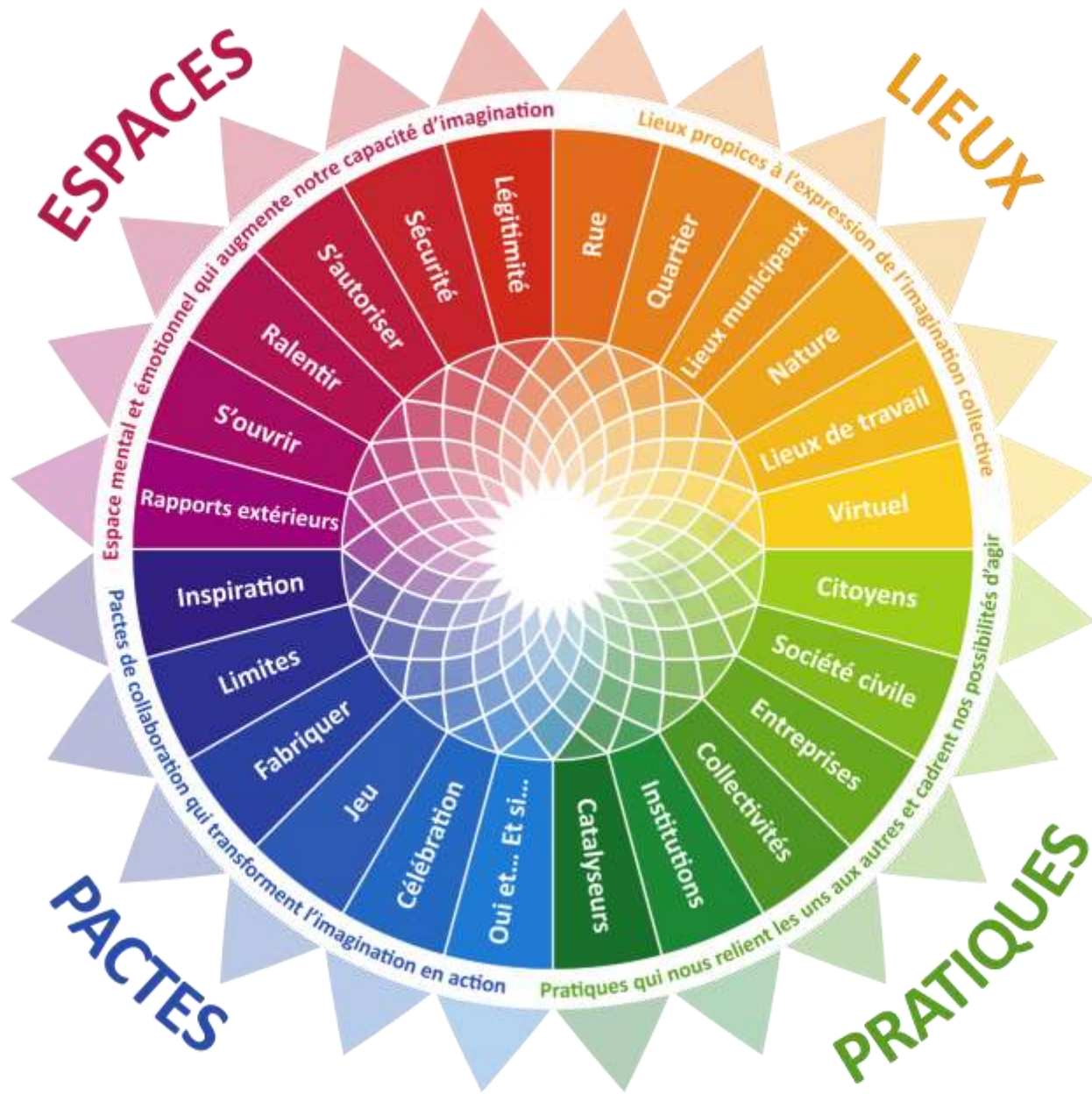


**Start a Seed Library**  
*Healdsburg, USA*



**Make apple juice**  
*Loughborough, UK*





# FROM WHAT IF TO WHAT NEXT ROB HOPKINS

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